

Development of social competencies through volunteering in the community

Sara Plantak

Faculty of Organisation and Informatics
University Zagreb
Pavlinska 2, 42000 Varaždin, Croatia
splantak@foi.hr

Abstract. With a growing trend of technology development and an accelerated lifestyle, it is crucial to find activities that, with a relaxing escape from the daily routine, enable the acquisition of new skills and competencies which can help in everyday challenges. Just for that reason, paper deals with the topic of developing social competencies through volunteering in the community with an emphasis on acquired competencies and their application in everyday life.

The aim of the topic of this paper is to determine the factors and ways in which social competencies are developed during volunteering and to examine the frequency of volunteering and participation in volunteer activities. During the writing, a research was conducted on the impact of community volunteering on the development of social competencies, the benefits of volunteering and the values they create for volunteers. An important part of research is also the impact of volunteering on employment. The research was conducted through a survey sent to one volunteer centre and four associations. The results were analysed using descriptive statistics and Chi-square tests. According to a survey, results show that women dominate in volunteer activity, and according to the results the average number of volunteer hours is 167. Most respondents believe that volunteering has contributed to the development of social competencies and also believe that volunteering has a great impact on employment.

Keywords. volunteering, social competencies, social inclusion, evaluation of volunteer work

Acknowledgments

This research is part of final paper at the Faculty of organization and informatics "Development of social competencies through volunteering in the community", whose mentor is Prof. Violeta Vidaček-Hainš, Ph.D.

References

- Jurčević Lozančić, A. (2016). Socijalne kompetencije u ranome djetinjstvu, Zagreb: Biblioteka Magister/Učiteljski fakultet
- Leburić, A., Reić, A., Bandalović, G. (2008). Volonterstvo mladih kao bijeg u stvarnost: akcijsko istraživanje, Split: Redak
- Modrić, N. (2016). Upravljanje problemnim situacijama: UPS Model, Zagreb: Politička kultura
- Russo, A. (2007). Volontiranje: ključ uspjeha u svijetu rada, Split: Udruga Split zdravi grad
- Zakon o volonterstvu. (2007-2018). [On the Internet]. NN 58/2007, 22/13. available at https://narodne-novine.nn.hr/clanci/sluzbeni/2007_06_58_1863.htm accessed 28th June 2021.
- Pološki Vokić, N., Marić, I., Horvat., G., (2013). Izvorni znanstveni rad: Motivacija za volontiranje – jesu li motivi za volontiranje povezani sa spolom, ličnosti i područjem studiranja? : Original scientific work: Motivation to volunteer- are the motives for volunteering related to gender, personality and field of study? Ekonomski fakultet Sveučilišta u Zagrebu Revija za socijalnu politiku 3, str 225 – 252. available at https://hrcak.srce.hr/index.php?show=clanak&id_clanak_jezik=169177 accessed 28th June 2021.
- Miliša, Z. (2008) Odnos mladih prema volontiranju radu i slobodnom vremenu: Attitudes of young people towards volunteering, work and free time., Diacovensia : teološki prilozi Vol. 16 No. 1-2, str 93-114, available at <https://hrcak.srce.hr/36239> accessed 28th June 2021.
- Balashov, E., Pasichnyk, I., Kalamazh, R., (2016). Intercultural components of student self-realisation in international volunteering, Ljetopis socijalnog rada, 23 (1), str 123-139. available at <https://hrcak.srce.hr/164948> accessed 28th June 2021.

- Juzbašić, M., Vukasović Hlupić, T. (2015). Osobine ličnosti i motivi za volontiranje: Personality traits and motives for volunteering, Psihologische teme 24, str 279-304. available at <https://hrcak.srce.hr/142132> accessed 28th June 2021.
- Markuš, M. (2009). Socijalna kompetentnost - jedna od ključnih kompetencija: Social competence - one of the key competencies, Napredak 151 (3 – 4), str 432 – 444. available at <https://hrcak.srce.hr/82719> accessed 28th June 2021.
- Ćulum B. (2008). Zašto i kako vrednovati volontiranje? Analiza modela institucionalnog priznavanja volontiranja kao preduvjeta za dugoročni razvoj kulture volontiranja i ostvarivanja prednosti u korištenju usluga ili kod zapošljavanja: Why and how to evaluate volunteering? Analysis of the model of institutional recognition of volunteering as a prerequisite for the long-term development of a culture of volunteering and gaining advantages in the use of services or employment, Filozofski fakultet Sveučilišta Rijeci available at https://www.academia.edu/1334478/%C4%86ulu_m_B._2008_._Za%C5%A1to_i_kako_vrednovati_volontiranje_Zagreb_Ministarstvo_obitelji_branite_lja_i_me%C4%91ugeneracijske_solidarnosti accessed 28th June 2021.
- Djedović, M. (2016). Volonterski klub u domu za odgoj djece i mladeži - primjer inkluzivnog volontiranja: Volunteer club in a home for raising children and youth - an example of inclusive volunteering, Sveučilište u Zagrebu Edukacijsko - rehabilitacijski fakultet, available at <https://zir.nsk.hr/islandora/object/erf%3A166> accessed 29th June 2021.
- Miljković, D., Jurčec L. (2015). Povezanost pristupa sreći, motiva za volontiranje i subjektivne dobrobiti volontera: The connection between the approach to happiness, the motives for volunteering and the subjective well-being of volunteers, Napredak 156 (1 - 2), str 115 – 129. available at <https://hrcak.srce.hr/166160> accessed 28th June 2021.
- Perić, K. (2018). Uloga volontiranja u funkciji društveno odgovornog poduzetništva: The role of volunteering in the function of socially responsible entrepreneurship, Sveučilište Josipa Jurja Strossmayera u Osijeku Poljoprivredni fakultet u Osijeku available at <https://repozitorij.fazos.hr/islandora/object/pfos%3A1437/datastream/PDF/view> accessed 28th June 2021.
- Bionda, M., Jakšić, K., Kotlar, V., Milanja, I. (2016). Stavovi o volontiranju i vrednovanju volonterskog rada studenata Sveučilišta u Zadru: Attitudes towards volunteering and evaluation of volunteer work of students at the University of Zadar, Magistra Iadertina, Vol. 11, No 1. str. 105-130. available at <https://hrcak.srce.hr/177647> accessed 1st July 2021.
- Bouman, L., De Kwaadsteniet, E. W., Przepiorka, W. (2021). The emergence of conventions in the repeated volunteer's dilemma: The role of social value orientation, payoff asymmetries and focal points, Social Science Research, Volume 93, available at <https://www.sciencedirect.com/science/article/pii/S0049089X20300867> accessed 1st July 2021.
- Hichy, Z., Di Marco, G., Sciacca, F. (2020.) Dataset on the relationship between psychosocial resources of volunteers and their quality of life, Data in Brief, Volume 30, available at <https://www.sciencedirect.com/science/article/pii/S2352340920304169> accessed 1st July 2021.
- Heejeong, S. H., Kemple, K. M., (2006). Components of Social Competence and Strategies of Support: Considering What to Teach and How, Early childhood education, Journal, Vol. 34, No. 3, str. 241-246. available at <https://core.ac.uk/download/pdf/206340735.pdf> accessed 1st July 2021.
- Falender, C. A., Erickson Cornish, J. A., Goodyear, R., Hatcher, R., Kaslow, N. J., Leventhal, G., Shafranske, E. & Sigmon, S. T. (2004). Defining competencies in psychology supervision: A consensus statement, Journal of Clinical Psychology, 60 (7), 771-785. available at <https://www.semanticscholar.org/paper/Defining-competencies-in-psychology-supervision%3A-a-Falender-Cornish/20b138089b932fe2e9722c93aee44f446de44cf1> accessed 1st July 2021.